

# St Mark's CE Primary School

Ramslye Road  
Tunbridge Wells  
TN4 8LN



## Use of Sun Cream Policy

Headteacher: Robin Dungate  
Chair of Governors: David Hill

**Updated:** November 2015  
**Ratified:** 5<sup>th</sup> December 2017  
**Review date:** November 2020

Website - Y

**Signed by Chair of Governors:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Our school believes in promoting sun safety to ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of our Sun Safety Policy, our School will:

- Educate children throughout the curriculum about the causes of skin cancer and how to protect their skin;
- Encourage children to wear clothes that provide good sun protection and use sunscreens where appropriate;
- Seek shade, particularly in the middle of the day and to use shady areas during breaks, lunchtimes, sports and trips;
- Encourage staff and parents to act as good role models by practising sun safety;
- Regularly remind children, staff and parents about sun safety through newsletters, posts and activities for pupils;
- Drink plenty of water during hot, sunny weather;
- Make sure the Use of Sun Screens Policy is working. We will regularly monitor our curriculum, assess shade provision and review the sun safety behaviour of students and staff (use of hats, shade, etc).

Our school wishes to encourage students to protect themselves from the sun. One way of doing this is to use sunscreen (SPF 15+) at the appropriate time. There are now sunscreens on the market that last for 8 hours +. Parents are encouraged to apply sunscreen before pupils come to school. If a pupil is to use sunscreen at school, parents are asked to:

1. Provide the sunscreen product for school use, the sunscreen must be:
  - a. Clearly marked with the child's name; and
  - b. Replenished by the parent as needed.
2. The sunscreen product will be stored in the child's book bag or other location designated by the teacher.
3. **THE CHILD MUST BE ABLE TO APPLY HIS OR HER OWN SUN SCREEN.**
4. Reception parents are asked to apply sunscreen at home before a typical school day, this will be reapplied as necessary by staff.

If it is considered necessary for teachers/staff to assist with the application of sunscreen, the sunscreen will only be applied to face, neck, arms, hands and lower legs. Parents are asked to provide written instruction to teachers for their child's individual needs.



## Letters to parents informing them about the school's approach to sun safety:

Dear Parents & Carers,

Date:

### Sun Safety as School

Our school is concerned about protecting staff and pupils from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancers are caused by the sun, it is possible to prevent this happening. The school believes that by encouraging sun safe behavior at school and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

The school would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- Seeking the shade, particularly during the middle of the day;
- Wearing suitable hats;
- Wearing clothing that protects the skin, particularly for outdoor activities and school study visits; and
- Using a high factor sunscreen (SPF 15+)
- Using an all day sunscreen.

You can help by encouraging your child to bring and wear a hat at school, particularly on sports days and school visits, school caps are sold at the school office. Also by encouraging your child to wear longer sleeved shirts and longer shorts when outdoors. The school will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days and outings.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend that a sunscreen with a sun protection factor (SPF) of 15 or above will provide children in this country with adequate protection.

School encourages parents to apply sunscreen before pupils come to school and, if you wish, to provide sunscreen for reapplication in school, as needed. If a pupil is to use sunscreen at school, parents are asked to:

1. Provide the sunscreen product for school use, the sunscreen must be:
  - a. Clearly marked with the child's name; and
  - b. Replenished by the parent as needed.
2. The sunscreen product will be stored in the child's book bag or other location designated by the teacher.
3. **THE CHILD MUST BE ABLE TO APPLY HIS OR HER OWN SUN SCREEN** (except Reception children).

4. For Reception parents: They are asked to apply sunscreen at home before a typical school day, this will be reapplied as necessary by staff.

If it is considered necessary for teachers/staff to assist with the application of sunscreen, the sunscreen will only be applied to face, neck, arms, hands and lower legs. Parents are asked to provide written instruction to teachers for their child's individual needs.

Please complete the attached form so that the school has a record of your support for the sun safety policy and your wishes with regard to sunscreen use by your child/ren. Please note that the school does not permit the use of aerosol sprays.

Yours sincerely,

Mr Dugate  
Headteacher

### **Parental Consent Form For Sun Screen Use**

The school wishes to encourage pupils to protect themselves from the sun. One way of doing this is to use sunscreen at the appropriate time. You are asked to sign this form to show that you have received the letter about the school's approach to sun safety and support the school's policy.

Not all children are at equal risk of sunburn. If your child is at risk and you wish him/her to use a sunscreen at school, please indicate this below.

**Reception Parents Only:** The school policy states that whenever possible teachers will supervise the application of sunscreen. Sometimes it may be necessary for teachers or support staff to help children apply the sunscreen. Please indicated below whether you are happy for approved teaching or support staff to do this.

If your child has any allergies or skin sensitivities you may want to check with your GP before providing a sunscreen. The school will inform you if your child has any adverse reaction that may be due to the sunscreen.

#### **Pupil Details**

Name(s): \_\_\_\_\_

Year Group(s): \_\_\_\_\_

Please tick:

I have read and support the school's sun safety policy as set out in the Sun Safety Information letter.

I will provide my child/ren with a non-aerosol sunscreen product (SPF 15+) for use at school and on school outings in accordance with the school's procedures.

I give permission for approved teachers and support staff to apply sunscreen when this is considered necessary (Reception pupils only).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_