



**Family Liaison Officer
Drop-in sessions
The first Monday of every term
9-10 am**

Need someone to talk to about things worrying you or your child over a cup of tea/coffee and a biscuit?

We are open for drop-in sessions for anyone who would like to chat about anything that is worrying them.

Areas I can help with include, but are not limited to:

- A listening service for parents and families to support overall general wellbeing for you or your children
- Support with anxiety, low self-esteem and mental health
- Bereavement support
- Separation/divorce support
- Financial difficulties
- Behaviour management
- Bedtime routines
- School attendance support
- Eating habits and much more.
- School nurse referrals

**Please feel free to pop along
I look forward to seeing you,
Your school Family Liaison Officer**