

Changing Me Puzzle Map – Ages 6-7 – Year 2

Piece (lesson)	RSHE Guidance Reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Vocab that may be covered
1. Life Cycles in Nature			I understand there are some changes that are outside my control and can recognise how I feel about this	Baby Toddler Child
2. Growing from Young to Old		I can tell you about the natural process of growing from young to old and understand that this is not in my control	I can identify people I respect who are older than me	Adolescent Adult Fully grown Growing
3. The Changing Me	H34	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old	I feel proud about becoming more independent	Respect Appearance Physical Male
4. Boys' and Girls' Bodies (originally year 1 lesson 4 – see jigsaw planning)	R19, R25, R26, R27, R29, H34	I can identify the parts of the body that make boys different to girls and can use the correct names for these: Penis, Testicles, Vagina	I respect my body and understand which parts are private	Female Public Private Penis Vagina
5. Boys and girls bodies (year 2 lesson 4 – see jigsaw planning)	R19, R25, R26, R27, R29, H34	I can identify the parts of the body that make boys different to girls and can use the correct names for these: Penis, Testicles, Vagina	I respect my body and understand which parts are private	Breasts Testicles Acceptable Unacceptable Comfortable Uncomfortable
6. Assertiveness	R15, R19, R25, R26, R29, R30, R31, R32	I understand there are different types of touch and can tell you which ones I like and don't like	I am confident to say what I like and don't like and can ask for help	
7. Looking Ahead Assessment Opportunity	H2, H3	I can identify what I am looking forward to when I move to my next class	I can start to think about changes I will make when I am in Year 3 and know how to go about this	

