

Changing Me Puzzle Map – Ages 7-8 – Year 3

Piece (lesson)	RSHE Guidance Reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Vocab that may be covered
1. How Babies Grow	H2, H3	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female that has the baby	I can express how I feel when I see babies or baby animals	Changes Birth Baby Mother Growing up Penis Vagina Testicles Vulva Anus Uterus Womb Nutrients Survive Stereotype Roles
2. Babies	H2, H3	I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow	I can express how I might feel if I had a new baby in my family	
3. Boys' and Girls' Bodies (originally year 2 lesson 4 – see Jigsaw planning)	R19, R25, R26, R27, R29, H34	I can identify the parts of the body that make boys different to girls and can use the correct names for these: Penis, Testicles, Vagina	I respect my body and understand which parts are private	
4. Family Stereotypes	R1, R2, R3, R4, R18, H2, H3	I can start to recognise stereotypical ideas I might have about parenting and family roles	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes	
5. Looking Ahead Assessment Opportunity Puzzle Outcome Ribbon Mobiles	H2, H3	Identify what I am looking forward to when I move to my next class	I start to think about changes I will make next year and know how to go about this	